

HOPE COLLEGE NURSING DEPARTMENT

Nursing Process Worksheet
NURS 385: Gerontological Nursing

Student Name _____ Dates of care _____

Client (initials) _____ Gender _____ Age _____ Room # _____

ASSESSMENT

Current significant diagnoses _____

Textbook signs and symptoms (circle those which the client has experienced) _____

Vital Signs

Recent pertinent surgeries/diagnostic procedures/other health concerns _____

Co-morbidities or other health concerns

List expected lab work and diagnostic tests for any of the above (refer to textbook).	List most current and relevant results of client's lab work and diagnostic tests. **Circle if abnormal.

Analyze the correlation between the textbook findings and client's actual condition (including your assessment finding) _____

Diet (as ordered, include tube feedings, TPN, or lipids) _____

Activity (as ordered) _____ **Safety issues** _____

List ADLs or IADLs client is unable to perform _____

Sleep pattern (naps, bedtime routine, insomnia) _____

Cultural considerations (you must incorporate **examples related to Leininger's Transcultural Care theory**)

Spiritual considerations (Validate with specific examples) _____

Family/significant others, role-relationship and level of support (validate with specific examples)

Developmental stage/task accomplishments (Based on Erikson's Developmental Theory and validate with examples) _____

Educational level/other learning style/barriers (including sensory & cognitive including **communication and language needs**)

List current medications (list ONLY drug names here, but use the medication sheet for more complete information)

Describe how the individualized care that you provided was derived from a Christian context.

Give one example of your critical thinking skills used this week in client care. _____

NURSING DIAGNOSES

List the **TOP 3 *priority* functional health patterns** for this client. List the cues that support your selection of these 3 patterns. Make one priority a **WELLNESS** nursing diagnosis.

1. Health pattern (**wellness**):
Cues:

2. Health pattern:
Cues:

3. Health pattern:
Cues:

List **ONE *priority* nursing diagnosis** for each functional health pattern identified above. (include related to, as evidenced by):

1.

2.

3.

List ***priority* collaborative/interdisciplinary problems/diagnoses** (Ex. in Carpenito, collaborative chapter):

PLANNING AND INTERVENTIONS

Describe how interdisciplinary team members are involved in care:

Identify a nursing theorist's framework that could be applied to this nursing care plan and briefly describe how you would apply it:

Evaluation

Describe the client's and/or family's involvement in your plan of care (mutuality), especially related to establishing expected outcomes, interventions, and evaluation.

In what ways did the nursing care plan meet the needs of the client?

In what ways did the nursing care plan not meet the needs of the client and would require modification?

What gerontological adaptations were made specific to this client and family (age, developmental stage, cultural, spiritual, educational, financial, or family support, etc)? Explain if these were successful.

Briefly describe how you incorporated knowledge of cost factors when planning and implementing care for your client such as Medicare limitations on prescription drugs, or something as simple as turning out lights or using the pyxis appropriately for supplies, preventative measures for infection, etc(give specific examples):

Discharge Planning (as appropriate – Indicate reason if not appropriate)

Admission date _____ **Expected discharge date** _____

Financial considerations and health insurance _____

Planned discharge to where? _____

Discharge teaching needs _____

Referrals (include those that were made and those that you would suggest) _____

Client's and/or family's self care ability and potential barriers to adherence _____

Analyze an ethical dilemma or sociopolitical issue that was encountered this week and describe how it affected optimal health (include pertinent ethical principles and legal ramifications)

Nursing Care Plan (Work through 1 Priority Nursing Diagnosis)

Inform faculty if you have integrated the nursing care plan at the agency.

Nursing Diagnosis <i>(One Priority Diagnosis: Include problem Related to and As evidenced by)</i>	Expected Outcomes <i>(Who, what, how, how well, by when)</i>	Interventions <i>(First, list one interventions that would be your top priority AND WHY Include other interventions that you utilize during your care and that support your diagnosis and outcome. Include rationale for interventions and reference for rationale)</i>	Evaluation of outcomes <i>(To what extent have the outcomes been met? Include supporting data. What changes should mutually be made?)</i>

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Nursing Care Plan (Continued)

Nursing Diagnosis	Expected Outcomes	Interventions	Evaluation of outcomes